

PSYCH-O-THERAPY  
AOTEAROA

*New Zealand psychotherapists  
tell their stories*

---

A. Roy Bowden



Resource Books

## **Psych-O-Therapy Aotearoa: New Zealand psychotherapists tell their stories**

A. Roy Bowden

ISBN: 9781877431807

© A. Roy Bowden 2018

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means electrical, mechanical, photocopying, recording, digital or otherwise without the prior written permission of Resource Books Ltd.

A. Roy Bowden asserts his moral right to be known as the author of this work.

*Front Cover.* Painting *Maui mid ocean*, Te Aitanga a Kiwi Series, by John Bevan Ford. Reproduced with permission.



**Resource Books**

Waimauku, New Zealand

info@resourcebooks.co.nz | www.resourcebooks.co.nz

# Contents

Acknowledgements .....	5
Dedication .....	6
Introduction .....	7
The client–therapist partnership	
About psychotherapy (from the NZAP) .....	11
The therapeutic relationship .....	13
<b>1. Colleagues in conversation</b>	
About the interviews .....	17
The conversations	
Paul Bailey .....	19
Margie Barr–Brown .....	22
Eileen Birch .....	23
Joy Ryan Bloore .....	26
Margaret Bowater .....	29
Roy Bowden .....	32
Roz Broadmore .....	36
Sandra Buchanan .....	39
Helen Campbell .....	42
Rhona Carson .....	44
Isabella Cooper .....	47
John Craighead .....	50
Jan Currie .....	53
Charlotte Daellenbach .....	56
Grant Dillon .....	59
Dale Dodd .....	61
Andrew Duncan .....	64
Elisabeth Duncan .....	68
Jonathan Fay .....	182
Anna Fleming .....	70
Helen Florence .....	73
Kelly Forrest .....	75
Catherine Gilbert .....	78
Josie Goulding .....	82
Alayne Mikahere–Hall .....	85
Mervyn Hancock .....	89
The Hawkes Bay branch of the NZAP .....	93
Susan Hawthorne .....	96
Joy Hayward .....	101
Peter Hubbard .....	104
Robyn Hewland .....	108
Alisa Hirschfeld .....	113
Susan Horne .....	116
Burke Hunter .....	96
Sarah Tait Jamieson .....	118
Mary Jerram .....	121
Myrto Kenny .....	124
Lesley King .....	128
Crea Land .....	131
Sheila Larsen .....	134
Brenda Levien .....	137
Fay Lilian .....	140
Walter Logeman .....	143
Lewis Lowery .....	146

Kyle MacDonald .....	148	Cherry Pye .....	204
Janet Mace .....	150	Marianne Quinn .....	208
Bruce Maden .....	154	Peter Reid .....	211
Ruth Manchester .....	156	Kirsty Robertson .....	213
Sean Manning .....	160	Robyn Salisbury .....	216
Philip McConkey .....	163	Rod Sandle .....	219
Ian McDougall .....	166	Evan Sherrard .....	222
Ainslie McDowall .....	170	Margot Solomon .....	228
Vanda McKerchar .....	172	Jo Stuthridge .....	231
Jules Morgaine .....	176	George Sweet .....	234
Hinewirangi Kohu Morgan .....	178	Mischell'e Tohu .....	238
Margaret Poutu Morice .....	182	Rosemary Tredgold .....	241
Ann Nation .....	188	Keith Tudor .....	244
Jenny Packard .....	191	Sandra Turner .....	247
Helen Palmer .....	104	Haare Williams .....	250
Jenny Pamplin .....	195	Iona Winter .....	253
Sara Parsons .....	198	Wiremu Woodard .....	256
Matewawe Pouwhare .....	201		

## 2. The path to partnership

The past informs the present and the future holds promise .....	263
Building a bicultural partnership .....	275
Te Tiriti o Waitangi and the NZAP .....	275
Building partnership .....	276
Steps toward partnership, as published in the NZAP Newsletters 2007–2017 .....	281
Training to be a psychotherapist in Aotearoa New Zealand <i>John O'Connor</i> .....	289
Theory and practice methods .....	296

## 3. NZAP Newsletters 1984–2017

### Papers published in *Forum* and *Ata* 1995–2016

The NZAP Newsletters 1984–2017 .....	299
Papers published in <i>Forum</i> and <i>Ata</i> , the journals of the NZAP, 1995–2016 .....	365

## Appendices

Conversations. Those interviewed, by their first name .....	377
Conversations. Books and papers mentioned during the interviews .....	377
NZAP Annual Conferences 1982 – 2018 .....	378
NZAP Presidents 1947– 2018 .....	379
NZAP Executive Officers 1986 – 2018 .....	379
NZAP Distinguished Service Awards 2001 – 2017 .....	380
NZAP Life members 1989 – 2017 .....	380
Te Tohu o Te Pihī .....	380
NZAP Council members 2017 .....	380
NZAP Te Tiriti o Waitangi and Bicultural Advisory Committee 2017 .....	381
Waka Oranga members 2017 .....	381